RALLY AGAINST PARKINSON'S
VOLUNTEER OPPORTUNITIES

Name: _____ **Email Address:**_____

Home Address: _____

Home Phone: _____ **Cell Phone:**_____

RAP has many volunteer opportunities to help us achieve our mission: To be a resource for excellence in education, exercise, wellness and camaraderie for people living with Parkinson's Disease (PD), including care partners, families and friends.

Please check the areas of service you would be able to support.

Volunteer Opportunity	Interested in Volunteering
Bull roast event support	
Serve as a Bull Roast committee member	
Day of: Registration table	
Help at the money or liquor wheel	
Sell raffle tickets	
Assist with silent auction	
Help set-up and/or clean-up	
Coordinate local dine-out fundraising opportunities	
Attend local events/expos: Booth support to greet people and share the RAP message	
Distribute information to local health care offices to bring awareness of RAP	
Solicitation: Reach out to businesses for donations for silent auction and raffles for RAP events	
Donation pick up: Assist solicitation volunteers to pick up donations	
Administrative support: Write thank you notes for donations and sponsorships after events. Send thank you notes for memorial donations	
Outreach: Serve as RAP ambassadors and contact inactive boxers	
IT Support: Assist with website updates and management, social media pages	
Grant support: Assist with writing grants/find other income sources	

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